



AYSA – Health & Safety Guidelines – Spring 2021

For the safety of our players, coaches, families and community AYSA will be closely adhering to the CDC’s preventative guidelines/measures with the implementation of the following precautions:

1 - Anyone who is sick or not feeling well, must stay home and should contact a medical provider. The CDC’s list of COVID-19 symptoms include:

- Fever over 100.4°F (38°C),
- Cough
- Shortness of breath
- Repeated shaking and chills
- Muscle pain
- Headaches
- Sore throat
- Recent loss of taste or smell

Any potential participant that is identified as having a higher risk for severe illness or is in frequent, close proximity to someone who is identified as having a higher risk of severe illness should not participate in any AYSA activities.

2 - Prior to being allowed to participate in any AYSA activity, participants and/or parents will be asked to confirm:

- That either they or the child/player has not demonstrated any of the CDC symptoms in the past 24 hours,
- That either they or the child/player has not been in close contact with anyone who has/is demonstrating these CDC symptoms, has tested positive for COVID-19 or is presumed to have COVID-19 and;
- That either they or the child/player has not traveled to or been in close contact with someone who has traveled to an area that required a quarantine upon return in the past 14 days

If the answer to any of these self-monitoring questions is “yes”, the participant/player will not be allowed to participate in the planned activity.

All players are required to complete the Team Snap Health Check on the Team Snap app and be ‘Cleared’ prior to all events (practices and games). Players that have not completed the Health Check or are “Not Cleared’ will not be allowed to participate.

3 – We will be enforcing social distancing at all times. The follow guidelines have been implemented to maintain a minimum of 6 feet of separation between all participants at any AYSA activity.

- Spectators are allowed at all AYSA activities, assuming they take the necessary precautions to maintain social distancing at all times.

- Please wear masks: The **CDC** recommends that masks be worn at public events and are strongly encouraged
- All players, coaches and umpires are asked to maintain social distancing while on the field.
- Equipment/bat bags will be spread out to avoid close proximity – All equipment bags will be hung on the outside of fences (not in dugouts).
- Bleachers will be cordoned off to become an extension of the dugout allowing for players and coaches to maintain social distancing.
- Only **three** people will be allowed in the dugout at any one time.
- Spectators are **NOT** allowed within 6 feet of the dugout and/or the designated 'extended dugout'.
- Spectators are asked to bring their own chairs to watch their respective events while maintaining appropriate social distancing and to rotate away from the field when their games are completed to allow other spectators to watch their games safely.
- A maximum of 30 individuals on the field at any given time.
- Stretching/warm-ups will take place in expanded space – no huddles.
- There will be focus on utilizing station drills that will limit the number of players in a particular area of the field at any given time.
- Maximum of 1 player and 1 coach in hitting cages at any time – must maintain 6 feet of separation.
- No touching high fiving, shaking hands, etc.
- Each team will supply and use only their game ball while on defense.
- Game schedules will be developed to minimize team cross over throughout the day.
- There will be no player huddles permitted during games. Any visits to the pitching circle must be done with the appropriate social distancing (pitcher on rubber, all others on pitching circle).
- After each game teams will be asked to line up on opposing base lines to conduct any prayers and/or cheers.
- Umpires must wear masks and adhere to the same Health & Safety guidelines as Participants.

4 - Cleaning/disinfecting high touch/high traffic areas.

- All players and coaches must wash their hands thoroughly with soap and/or apply alcohol-based sanitizer (at least 60% alcohol) to their hands prior to and immediately after activities. Each coach and player must provide their own sanitizer. No sharing of containers.
- No sharing of any equipment – bats, gloves, helmets, water bottles, etc.
- Equipment (pitching machines, etc.) will be cleaned after each activity.
- Score boards will be sanitized after each game.
- Poles, gates and other high touch areas will be cleaned/disinfected prior to and after any activities.

5 - Other general precautions and guidance that will be provided to all participants:

- Coaches and participants are encouraged to wear face masks.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- If there is no tissue available, cough or sneeze into your elbow
- Don't touch your face - particularly eyes, nose and mouth.

