



AYSA – Reopening Guidelines

The following guidelines will be communicated to all appropriate coaches, players and parents via our TeamSnap software (posting and email) and verbally prior to any activities taking place. We will be closely following the CDC’s preventative guidelines/measures that include the precautions below:

1 - Anyone who is sick or not feeling well, must stay home and should contact a medical provider. The CDC’s list of COVID-19 symptoms currently includes:

- Fever over 100.4°F (38°C),
- Cough
- Shortness of breath
- Repeated shaking and chills
- Muscle pain
- Headaches
- Sore throat
- Recent loss of taste or smell

We will also communicate that any potential participant that is identified as having a higher risk for severe illness or is in frequent, close proximity to someone who is identified as having a higher risk of severe illness should not participate in any AYSA activities.

2 - Prior to being allowed to participate in any AYSA activity, participants and/or parents will be asked to confirm:

- That the child/player has not demonstrated any of the CDC symptoms in the past 24 hours,
- That the child/player has not been in close contact with anyone who has/is demonstrating these CDC symptoms, has tested positive for COVID-19 or is presumed to have COVID-19 and;
- That the child/player has not traveled to a high-risk area in the past 14 days.

If the answer to any of these questions is “yes”, the player will not be allowed to participate in the planned activity.

3 - We will be enforcing social distancing at all times. The follow guidelines will be implemented to maintain a minimum of 6 feet of separation between all participants at any AYSA activity.

- Parents will be asked to remain in their vehicles while dropping off and picking up players.
- Coaches and players ONLY allowed during activities. No spectators.
- If at all possible, activities will be held on fields 5, 6, 7 and 8 until further notice to maximize the space between parking lots, players and coaches. If activities must take place on fields 1-4, there will be a maximum of 2 fields being used at any 1 time and they will be on the opposite side of the quad from one another (fields 1 and 3 or fields 2 and 4).

- Equipment/bat bags will be spread out to avoid close proximity – All equipment bags will be hung on the outside of fences and dugouts will not be used for any activities until further notice.
- A maximum of 20 individuals on the field at any given time (maintaining 6 feet of separation between all individuals at all times)
- No touching, high fiving, shaking hands, etc.
- Stretching will take place in expanded space/circle – no huddles.
- Utilize station drills that will limit the number of players in a particular area of the field at any given time
- Maximum of 1 player and 1 coach in hitting cages at any time – must maintain 6 foot of separation.

4 - Cleaning/disinfecting high touch/high traffic areas.

- All players and coaches must wash their hands thoroughly with soap and/or apply alcohol-based sanitizer (at least 60% alcohol) to their hands prior to and immediately after activities. Each coach and player must provide their own sanitizer. No sharing of containers.
- No sharing of any equipment – bats, gloves, helmets, water bottles, etc.
- Softballs and other equipment (pitching machines, etc.) will be cleaned/disinfected after each activity
- Poles, gates and other high touch areas will be cleaned/disinfected prior to and after any activities

5 - Other general precautions and guidance that will be provided to all participants:

- Coaches and participants are encouraged to wear a face mask if they are comfortable doing so.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- If there is no tissue available, cough or sneeze into your elbow
- Don't touch your face - particularly eyes, nose and mouth

6 – All potential participants will have to sign an appropriate waiver and release prior to participating in any AYSA activities.